

# LAMINGTON DRIVE

\$5.50 PER HALF DOZEN

In support of  
Michael  
Sanford's Cycling  
for Seizures  
Awareness Ride



Drive from 28 January to 14 February 2014

A bit about Michael,

In 2014 I am taking on my biggest challenge yet. I am in the process of organising and participating in a ride that will encompass each and every part of the South Burnett (approx. 300kms). This ride is to raise awareness and hopefully some money to support those in our region who live each and every day with epilepsy. You see, I am a lucky one, although I may have so many seizures, I am currently stable - I can read, write and I can drive. A lot of people lose their licenses and never get them back. So for all those people I am riding. I have been contacted by Epilepsy Action Australia and they will be supporting and backing me in my challenge.

They have created a website for me where the general public can donate funds towards my ride, and watch the progress of seeing me attempt to get fit each day.

<https://give.everydayhero.com/au/michael-sanford> - this is the link.

I am putting my personal fitness, both physically and mentally out there to be challenged and hope anyone who may want to assist does.

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CROSB will be donating \$1 from every pack of lamingtons sold to assist Michael in his ride for Epilepsy.

If you wish to buy some lamingtons, please write your name and contact details on the following page, the amount that you would like to purchase and the total cost.

Pick up will be from the CROSB Office – Shed 3-4, 6 Cornish Street, Kingaroy. Payment will be required on pickup at the latest.

Orders will be due by Monday 3 February, Monday 10 February and Monday 17 February for delivery the following week.

**Gumnut**  
22 Gore Street Murgon Qld 4605  
Ph: 41681852 / Fax: 41681931  
Email: [gumnut@sbctc.com.au](mailto:gumnut@sbctc.com.au)



**CROSB**  
Shed 3-4, 6 Cornish Street, Kingaroy Qld 4610  
Ph: 4162 9081 / Fax: 4162 9030  
Email: [crosb@sbctc.com.au](mailto:crosb@sbctc.com.au)



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